



Puerto Caldera, Costa Rica 2023-2024



With the Accent on Service





Shore Excursions from Puerto Caldera

1. 4WD from Rivers to the Ocean
2. A Walk in the Clouds & Traditional Lunch
3. Andalusian Horses Show & Countryside
4. Countryside & Coffee Tour
5. Jungle & River Wagon
6. Monteverde Aerial Tram & Hanging Bridges
7. Natuwa Animal Rescue Center
8. Panoramic Scenic Ride & Folklore Show
9. Puntarenas Triple Adventure
10. San Jose – Capital of Costa Rica
11. Sarchi's Oxcart Factory & Gardens
12. Tarcoles River & Crocodile Safari
13. Tropical Forest Canopy Tour





4WD from Rivers to the Ocean

Port of Call: Puerto Caldera - Costa Rica · Ground Operator: Swiss Travel Service S.A. · Tour Duration: 5:30 Hrs

Are you ready to whip mud and get splashed?

Board your UTV (buggy type) and ride through the forest in an adventure you will not forget!

As you depart from the pier in our air-conditioned minibus, you will arrive to Punta Leona you may want to use the restrooms or browse around the shops and the mules will be there awaiting for you. First, your guide will instruct you with safety information followed by an easy test drive and for the next hour cross several rivers and creeks, whip mud, drive on sand banks and appreciate sites of some of Costa Rica's wildlife until you arrive to Playa Agujas. You will wind down with the river rainforest trails as you descend toward an isolated beach called Bochinche where you will enjoy a refreshing snack, drinks and enjoy your time at leisure with lush forest and ocean vistas.

Return to the facilities on the same way back and change the driving of the mules with your fellow partners. Before arriving to the pier, a quick stop will be made at Tárcoles River where you will have the opportunity to observe and photograph large crocodile's colonies.

Timing:

00:00	01:15	Transfer to Punta Leona
01:15	01:45	Arrive to Welcome Center - Use of restrooms & waivers and safety instructions
01:45	02:30	4X4 Mules Off Road Adventure
02:30	03:00	Free time at Bolinche Beach and snacks
03:00	03:45	4X4 Off Road Adventure back to main station
03:45	04:00	Time for shopping and change of clothes
04:00	04:15	Transfer to Tarcoles Bridge
04:15	04:30	Crocodile's Observation at Tarcoles Bridge
04:30	05:30	Transfer back to pier



Rates:

Min. 12 \$104.50 per person / per bus

Includes: Transportation, tour guide, entrance fees, UTVs and snacks.

What to Bring: Light clothing, comfortable shoes, a hat, sunscreen and insect repellent. Extra change of clothing and towel, in case you get dirty. Camera/phone protection is highly recommended. Drivers must carry a driver's license.

Additional Notes: Drivers must carry a license. This tour is suitable for guests with walking difficulties or wheelchair users. Do not use flash to photograph animals. Do not feed or touch any wild animal. Experienced not needed. Shared UTVs, Shared Driving, 4 guest per UTV.





A Walk in the Clouds & Traditional Lunch

Port of Call: Puerto Caldera - Costa Rica · Ground Operator: Swiss Travel Service S.A. · Tour Duration: 6:45 Hrs

Discover the richness of the cloud forest while you walk along beautiful trails and the most amazing shapes of green vegetation appear before your eyes.

The tour starts with a short downhill walk that will lead into an open hummingbird garden, where many species of these tiny, lively colored birds gather around and amaze you with their spectacular acrobatic aerial manoeuvres. After this beautiful experience, you will enter a more adventurous portion of this tour, when you arrive to the first of four suspended bridges that cover over half a mile above the ground and that will give the most amazing bird eye's view of the cloud forest. Each of these bridges stretches between 95 and 253 feet and up to 126 feet above the ground.

As you continue your way through rivers, your senses will be delighted with spectacular views, while at the same time, your naturalist tour guide will point out the most outstanding features of this misty forest. Showing you several species of birds, butterflies and small mammals that inhabit the area and plants, such as, orchids, heliconias, ferns, bromeliads and other species of aerial plants that are part of this beautiful surrounding.

At the end of your nature walk, you will be able to taste a delicious 'agua dulce' (a traditional drink) with a hearty typical Costa Rican lunch awaits to regain your energy.

On the way back to the pier, a brief stop at 'El Jardín' will allow you to stretch your legs, enjoy the scenery at the beautiful gardens or browse around a souvenir shop.

Timing:

00:00	01:45	Depart the pier by bus
01:45	02:00	Arrive at San Luis Park – Hanging Bridges
02:00	03:30	Walk the Bridges and visit the open air hummingbird garden
03:30	04:30	Time for a typical Costa Rican lunch
04:30	05:15	Bus transfer to El Jardin
05:15	05:45	Time for restrooms and shopping at El Jardin
05:45	06:45	Transfer back to pier



Strenuous



Shopping



Lunch

Rates:

Min. 35 \$54.50 per person / per bus

Includes: Transportation, tour guide, entrance fees, typical lunch.

What to bring: Wear light cloth, long pants, jacket or sweater, walking shoes, sunscreen, hat or visor, insect repellent, binoculars, umbrella and rain poncho. Camera/phone protection is highly recommended.

Additional notes: Tour sequence may vary. This tour is not suggested for wheelchair users or guests with walking difficulties. Do not feed or touch any wild animal. Do not use flash to photograph animals. Although there is no minimum/maximum age, weight, or height, we suggest 8 years because there is walking involved. The maximum age depends on the fitness of the guest; pregnant guests must check with their doctor, as there is walking involved. The tour is not recommended for those who have a severe fear of heights.





Andalusian Horses Show & Countryside

Port of Call: Puerto Caldera - Costa Rica • Ground Operator: Swiss Travel Service S.A. • Tour Duration: 5:30 Hrs

A comfortable air-conditioned bus ride passing a variety of landscapes including mango and watermelon farmlands, lush forests and mountain views will approach you to the highlands of Alajuela Province where the hacienda is located.

Rancho San Miguel is a school of high equestrian arts as they have been exhibiting horse fiestas for over 30 years and it is now famous throughout the Americas for the pure breed of Andalusian horses. Upon arrival to the ranch, a local expert with vast knowledge in this field will greet you.

The show combines dressage training of the magnificent Andalusian horses with the mastering ability of the riders. A group of talented amazon young ladies in acts, that require many months of hard team-work training and discipline such as: The mares and the offspring's, the hacienda carriage, the stallion; which is presented in the freedom of its natural movements, the long pole and the "equestrian fantasy" a synchronized choreography of the mares. Every act will be presented and explained by the expert. While you also enjoy the sounds of the Spanish flamenco music, in a spectacular amphitheater.

Your last stop will be at El Jardin souvenir market in Orotina where you will have plenty opportunity to browse around the shop, sample their delicious fruits or taste a Costa Rican cup of coffee.

Note: Tour sequence may vary.

Timing:

00:00	01:15	Bus Ride to Rancho San Miguel
01:15	01:30	Time for restrooms
01:30	01:45	Introduction to the equine world
01:45	02:45	Spanish Horse Fiesta
02:45	03:30	Time at leisure and optional pictures on the carriage
03:30	04:15	Bus Drive to El Jardin
04:15	04:40	Time for shopping, restrooms and snacks
04:40	05:30	Transfer back to pier



Easy



Snack



Shopping

Rates:

Min. 35 \$69.50 per person / per bus

Includes: Transportation, tour guide, entrance fees, tropical fruits, natural juice and coffee

What to Bring: Light clothing, comfortable shoes, a hat, sunscreen and insect repellent. Camera/phone protection is highly recommended.

Additional Notes: Tour sequence may vary. Guests with walking difficulties must manage 4 steps to get in/out the bus. The equestrian show is performed in an arena, where guests will enjoy the show properly seated. Please note, the restrooms at the Rancho San Miguel are not wheelchair accessible and there are no elevator/lift available. At El Jardin is 100% wheelchair accessible and ramps are available. Additional beverages and food available for guests to purchase at the restaurant at El Jardin Souvenir Shop. Guests can purchase Spanish Tapas and drinks at Rancho San Miguel.





Countryside & Coffee Tour

Port of Call: Puerto Caldera - Costa Rica • Ground Operator: Swiss Travel Service S.A. • Tour Duration: 5:30 Hrs.

A comfortable ride will take you through the pastoral countryside of the province of Puntarenas and a wide variety of landscapes that include rich farmlands, lush forests and mountain views, as you approach the highlands of Naranjo, a site that is world-famous for the quality of its coffee. The Espíritu Santo Coffee Plantation represents Costa Rica's most remarkable and pure coffee traditions and its history. The farm comprises 640 acres of prime coffee plantation, where the secrets of a real cup of coffee are carefully brewed. A great team of tour guides will join you through every stage of the production process of this fine gourmet coffee.

During your visit to the plantation and processing plant, you will have the opportunity to see real workers sweeping the coffee as it lies under the sun, and which still has its parchment to make sure it dries evenly.

After this beautiful experience, you will visit the town of Sarchí and take a memorable picture of the largest oxcart in the world. This scenic town is considered the home of Costa Rica's best craftsmanship.

Timing:

00:00	01:30	Bus Ride to Espiritu Santo Coffee Plantation
01:30	01:40	Time for restrooms
01:40	03:00	Coffee tour (including plantation, tasting, selection, packing, shopping)
03:00	03:10	Bus ride to Sarchi's main square
03:10	03:25	Time at leisure to photograph the largest oxcart ever built
03:25	03:30	Bus Transfer to Eloy Alfaro Oxcart Factory
03:30	03:50	Time for Visit Eloy Alfaro Oxcart Factory
03:50	05:30	Transfer back to pier



Rates:

Min. 35 \$37.25 per person / per bus

Includes: Transportation, tour guide, entrance fees, tropical fruits.

What to bring: Light clothing, long pants, comfortable walking shoes, a hat, sunscreen, bottle of water, and insect repellent.

Additional notes: Tour sequence may vary. Guests with walking difficulties must manage 4 steps to get in/out of the bus. Do not use flash to photograph animals. Do not feed or touch any wild animal. Wildlife sightings are not guaranteed. This tour is not suggested for wheelchair users or guests with walking difficulties. Although there is no minimum/maximum age, weight, or height, we suggest 8 years because there is walking involved. The maximum age depends on the fitness of the guest; pregnant guests must check with their doctor, as there is walking involved.





Jungle & River Wagon

Port of Call: Puerto Caldera - Costa Rica • Ground Operator: Swiss Travel Service S.A. • Tour Duration: 4:45 Hrs.

Get immersed in an incredible adventure of tropical rainforest environment just 60 minutes from Puntarenas.

Experience the excitement of traveling through lush landscapes crossing the crystal waters of Tarcolitos River several times on a tractor-drawn wagon especially designed for your enjoyment of such natural splendor, while your tour guide acquaints you about this unforgettable rainforest experience at the Villa Lapas Private Reserve.

As you ride, keep your camera ready and discover between the branches and leaves some curious inhabitants such as the colorful toucans, scarlet macaws, rare spiders whose cobwebs are compared to steel cables, lizards, howler and spider monkeys as well as exotic plants from ancient times.

During this adventures journey, you will have some time at leisure to enjoy the sounds of the nature, take pictures or you are welcome to dip into the clear waters of this beautiful river if weather allows.

Continue to Santa Lucia, a unique little town. Newly constructed, architects were careful to use old building techniques and materials in order to show exactly how Costa Ricans lived in previous centuries.

Here, you will be greeted with a tropical fruit buffet, and cold drinks that you enjoy as you wander around this small, old-style village.

Timing:

00:00	01:00	Depart Ship by Bus
01:00	01:15	Arrive at Villa Lapas - time for restrooms
01:15	02:30	Jungle & River Wagon Experience
02:30	03:00	Time for Fruits & Explore Santa Lucia Village
03:00	03:15	Bus Drive to El Jardin
03:15	03:45	Time for shopping, restrooms and snacks
03:45	04:45	Transfer back to pier



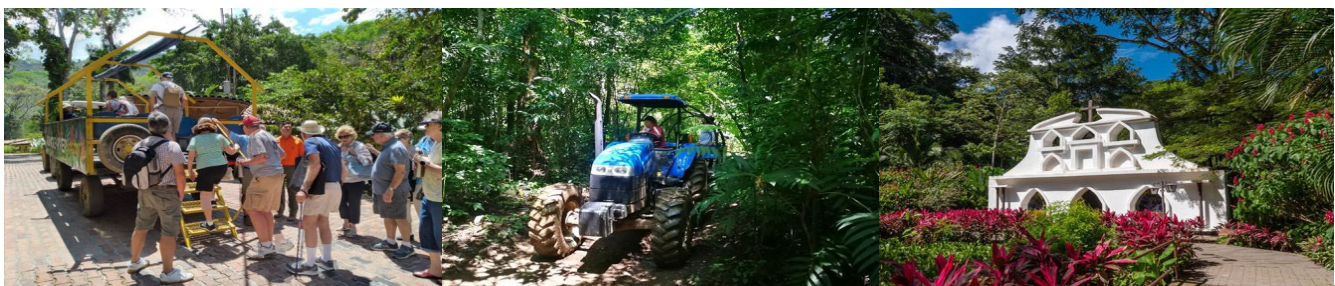
Rates:

Min. 15 \$80.00 per person / per bus

Includes: Transportation, tour guide, entrance fees and fruits, natural juices and coffee

What to Bring: Please wear light clothing, comfortable shoes, hat or visor, sunglasses, sunscreen, insect repellent, camera, binoculars, rain poncho and umbrella are suggested.

Additional Notes: This tour is accessible for those guest that can manage 5 Steps in/out the bus and tractor-drawn wagon too, uneven and gravel terrain. The tractor-drawn wagon can be quite bumpy; it is not recommended for guests with back or neck problems, as well as women who are pregnant.





Monteverde Aerial Tram & Hanging Bridges

Port of Call: Puerto Caldera - Costa Rica - Ground Operator: Swiss Travel Service S.A. - Tour Duration: 7:45 Hrs.

Sky Adventures is located in one of the world's most recognized and wonderful cloud forest. Monteverde's variable climate and high altitude has helped produce an extremely high biodiversity. It is home to over 100 species of mammals, more than 400 species of birds, thousands of insect species and around 2500 species of plants – containing the largest number of orchids in the world. Monteverde is acclaimed as one of the most outstanding wildlife refuges worldwide.

Upon your arrival to this beautiful place, your adventure will begin at the Aerial Tram, during this experience, the gondolas rise smoothly through the cloud forest, offering up endless views during their mountainous ascent. This tour is perfect for people who want to take a different approach on admiring nature, without much physical effort but still be on spot where nature exhibits all its magic. On tour, you will be attended by a bilingual guide who will point out different characteristics of the flora and fauna along with other interesting facts.

Continue to the Sky Walk; a guided tour that combines trails and four suspension bridges with lengths of even 984 feet and heights above the canopy of Monteverde cloud forest.

This portion of your tour will give a more relaxing introduction of the flora and fauna of the forest canopy. It allows a vision of the forest from a different perspective, which starts with a nature walk on the ground, and then taking you to explore the treetops.

After this lovely experience, you will board your transportation for a short transfer to a local restaurant, where you will enjoy a delicious Costa Rican style buffet lunch before return to your ship.

Timing:

00:00	01:45	Bus Transfer to Monteverde
01:45	02:00	Arrive to Sky Adventures at Monteverde - Time for restrooms
02:00	02:15	Aerial Tram Ride to the observation platform
02:15	02:45	Time for pictures at observation platform, optional nature walk
02:45	03:00	Aerial Tram ride to the welcome center
03:00	03:15	Time for restrooms
03:15	04:30	Nature walk at the hanging bridges
04:30	04:45	Time for restrooms
04:45	05:00	Transfer to the restaurant
05:00	06:00	Time for lunch
06:00	07:45	Transfer back to pier



Rates:

Min. 35 \$125.25 per person / per bus

Includes: Transportation, tour guide, entrance fees and lunch

What to Bring: Long pants, jacket or sweater, tennis or hiking shoes, a hat, sunscreen and insect repellent. Camera/phone protection is highly recommended.

Additional Notes: The tour is not recommended for those who have a severe fear of heights. / Although there is no minimum/maximum age, weight or height, we suggest 8 years because there is walking involved. Cold, cloudy and rainy weather. Buses are equipped with seat belts, it use is optional. Wildlife sightings are not guaranteed. Order of sites visited may be altered to avoid congestion. It will be a 2:00 hrs. bus ride each way; the tour is not recommended for those guests with severe fear of heights due to the aerial tram ride and hanging bridges. The aerial tram will be cancel if there are electric storms. Pregnant guests must check with their doctor as there is some walking involved





Natuwa Animal Rescue Center

Port of Call: Puerto Caldera - Costa Rica · Ground Operator: Swiss Travel Service S.A. · Tour Duration: 4:45 Hrs.

The Sanctuary NATUWA at Costa Rica, is a conservation charity that efforts educating and managing with the purpose to save and protect endangered wildlife species from extinction with the support of the local s community.

Headquartered in Aranjuez de Puntarenas, Natuwa works with sloths, jaguars, tapirs, macaws and a big variety of the native fauna of Costa Rica that is in danger of extinction, focusing on the rarest species and the most fragile habitats.

The Ecotourism Program of NATUWA consists of a very easy walk, where the visitors enjoy the different observation stations and learn about the animal species that inhabit the sanctuary, such as: sloth, jaguars, tapirs, monkeys, scarlet macaws and great green macaws.

Here you will have the opportunity to meet a local expert that will explain everything about these charismatic animals. The sanctuary has designated an area where animals will continue their life in the most natural environment possible, surrounded with native trees of different species.

Under the direction of a group of specialists in wildlife management and under the supervision of the Ministry of Environment and Energy of Costa Rica (MINEC), the sanctuary, is considered a conservation tool to meet the needs of many of these animals that have been orphaned.

Timing:

00:00	01:00	Bus transfer to A Sloth Paradise
01:00	01:15	Instructions and use of restrooms
01:15	03:15	Visit the Sanctuary
03:15	03:45	Time for fruits and Shopping
03:45	04:45	Transfer back to the ship.



Moderate



Shopping



Snack

Rates:

Min. 15 \$97.25 per person / per bus

Includes: Transportation, tour guide, entrance fees, tropical fruits and bottle of water.

What to Bring: Light clothing, tennis or hiking shoes, a hat, sunscreen, bottle of water and insect repellent. Camera/phone protection is highly recommended.

Additional Notes: Do not feed, talk or touch any wild animal. Do not use flash to photograph animals. Guests with walking difficulties must manage 4 steps to get in/out of the bus. Guests must be aware for their allergies as this is an animal sanctuary. This excursion involves walking over gravel trails. This tour is not wheelchair friendly due to the terrain. This is a very easy tour accessible for guests with walking difficulties as long as they can manage the steps in/out the coach.





Panoramic Scenic Ride & Folklore Show

Port of Call: Puerto Caldera - Costa Rica • Ground Operator: Swiss Travel Service S.A. • Tour Duration: 3:30 Hrs

Costa Rica's topography is one of the most diverse in the world. Rolling hills, high mountains, plains, valleys and riverbeds are just part of the gorgeous landscape that make you think of one word: paradise.

Your sightseeing drive will start by heading east to Esparza. This town has become one of the most picturesque in the Costa Rica's Central Pacific region. The central park and its church are emblematic of Costa Rica's hardworking rural towns. Local dancers will greet you at the park with colorful costumes as you enjoy the masquerades and learn about our traditions. Handmade souvenirs are exhibited at the Park, giving you a little something to take home!

This drive includes some stretches along the Pacific Ocean. You will pass by mango and cashew plantations, farming areas and most certainly, you will be able to observe birds along the way, all example of sustainable living between man and nature. You will continue your journey down to sea level, admiring the sweeping views that you will see as the most breathtaking sites of the day. Green rolling hills covered by pasturelands, with the ocean in the distance, will just be part of unique pictures to take back home. Traditional homes along the way with large gardens and living fences grown with the most beautiful plants and trees will look like the decoration of Costa Rica most beautiful countryside. Discover Costa Rica's unique sights on this relaxing tour. Be part of it and take the best memories home.

The bus will stop at El Jardín Souvenir Market, giving you plenty of opportunities to sample their delicious fruits and taste a Costa Rican cup of coffee.

Note: Tour sequence may vary to avoid overcrowding.

Timing:

00:00	00:30	Depart The Pier By Bus To Esparza
00:30	01:10	Esparza Church and Parque Perez
01:10	02:00	Transfer To El Jardin Souvenir
02:00	02:30	Refreshment Stop
02:30	03:15	Depart to pier



Wheelchair



Easy



Snack



Shopping

Rates:

Min. 35 \$36.50 per person / per bus

Includes: Transportation, tour guide, entrance fees, Folkloric Show, tropical fruits, coffee and natural juice.

What to bring: Light clothing, comfortable shoes, a hat, sunscreen, bottle of water, and insect repellent.

Additional notes: Tour sequence may vary. Guests with walking difficulties must manage 4 steps to get in/out of the bus. There is no accessible bathroom at Esparza Park. Do not use flash to photograph animals. Do not feed or touch any wild animal. Wildlife sightings are not guaranteed





Puntarenas Triple Adventure

Port of Call: Puerto Caldera - Costa Rica - Ground Operator: Swiss Travel Service S.A. - Tour Duration: 07:30 Hrs

Departing from Puntarenas a scenic drive to the Tropical Forest Sky Walk, which is located near the boundary of Carara National Park. Here you will have the opportunity to connect to nature, as you explore this incredible wonderland. Starting with a short, easy walk, you will arrive at the first of three suspended cable bridges; each bridge stretches between 270 and 330 feet, and all skim the top of the spectacular rainforest, up to 126 feet above the ground.

During the hike, which lasts just over an hour, you will be able to immerse in the sights of the forest below and around you, as you walk along ground trails before reaching the next bridge or air trail.

You will continue to the Tarcoles estuary, where you will enjoy a scenic drive along a 600-hectare cattle ranch by a slow and steady ride aboard a relaxing Jitney carriage through the hacienda, which is renowned for its natural beauty and a great destination for bird watching, reptile encounters and flora habitat.

Explore natural spots, learn about the mangrove and tropical dry forest, and have fun exploring the ranch in this exciting way.

After this exciting ride, you will enjoy a relaxing pontoon boat trip through the jungle. This estuary shelters four different species of mangroves that are filled with exotic birds such as egrets, herons, pelicans and frigate birds, some of the most common species of the delta. The river shores are also home to some of the largest crocodiles colonies in the region. After this exciting ride, you will enjoy a delicious Costa Rican-style buffet lunch.

Continue to your final destination before returning to the ship a visit to El Jardin Market, will allow you to browse purchase souvenirs, sample delicious tropical fruit or taste a cup of freshly brewed Costa Rican coffee.

Timing:

00:00 - 01:00	Depart Ship by Bus
01:00 - 01:15	Arrive at Villa Lapas - time for restrooms
01:15 - 02:30	Nature walk at the hanging bridges
02:30 - 02:45	Bus transfer to Hacienda Nosavar
02:45 - 03:00	Time for restrooms
03:00 - 03:30	Jitney adventure ride
03:30 - 04:30	River Adventure
04:30 - 04:45	Bus transfer to Hacienda Nosavar restaurant
04:45 - 05:45	Time for lunch
05:45 - 06:00	Bus transfer to El Jardin Souvenir Market
06:00 - 06:30	Time for shopping and restrooms
06:30 - 07:30	Transfer to pier



Moderate



Shopping



Lunch

Rates:

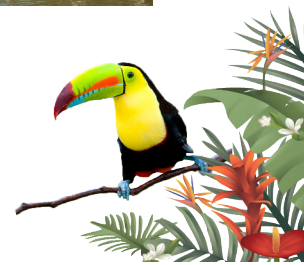
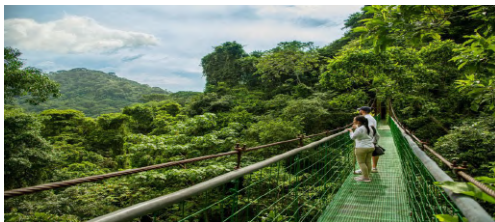
Min. 35 \$87.25 per person / per bus

Includes:

Private Transportation, private tour guide, boat ride, entrance fees and lunch.

What to bring:

Please wear light clothing, walking shoes, hat or visor, sunglasses, sunscreen, insect repellent, camera, binoculars. Rain poncho and umbrella are suggested.





San Jose Capital of Costa Rica

Port of Call: Puerto Caldera - Costa Rica • Ground Operator: Swiss Travel Service S.A. • Tour Duration: 7:30 Hrs

San José is a beautiful city full of contrasts. Although small in extension, it offers plenty of museums, parks and interesting areas, where you can witness some of the legacy left by early 20th Century architecture. During this visit to the country's capital city, you will be able to observe the lifestyle of its people, important activity zones, like the Court District and the Congress, important residential areas, such as, Rohrmoser. The beautiful Metropolitan Park at La Sabana, where people gather to exercise, walk or just relax, surrounded by a soothing environment, full of tall green trees, colorful flowers and the beautiful National Stadium, home to some of the most important sports and cultural activities in the nation.

You will visit some of San Jose's most important landmarks like Costa Rica's National Theatre, a real jewel that holds one of the 10 most beautiful ceilings around the world. And the Gold Museum, which displays some of the most interesting legacies of the Costa Rican history and way of life.

The tour continues to the headquarters of Swiss Travel, where you will enjoy a delicious lunch.

After having enjoyed lunch, your next destination will be at El Jardin Souvenir Shop, where you will be able to enjoy a delicious tropical fruit buffet, taste a cup of fresh coffee and buy some local souvenir to take back home with you.

Taking part of this tour will certainly let you experience at a deeper, more intimate level, the history, the way of life and the values Costa Rican people hold dear to their hearts.

Timing:

00:00	01:30	Depart by bus to San Jose
01:30	02:10	Visit The National Theater
02:10	02:20	Transfer to Gold Museum
02:20	03:00	Visit The Gold Museum
03:00	03:20	Time of restrooms
03:20	04:20	Sightseen in San Jose
04:20	05:20	Lunch at Valle del Sol
05:20	06:00	Transfer to El Jardin Orotina
06:00	06:30	Time of restrooms and snacks
06:30	07:30	Depart to pier



Rates:

Min. 35 \$80.50 per person / per bus

Includes: Transportation, tour guide, entrance fees, lunch, tropical fruits, natural juices and coffee.

What to bring: Wear light cloth, long pants, jacket or sweater, comfortable walking shoes, sunscreen, hat or visor, insect repellent, binoculars, umbrella and rain poncho. Camera/phone protection is highly recommended.

Additional notes: Tour sequence may vary. This tour is not suggested for wheelchair users or guests with walking difficulties. Although there is no minimum/maximum age, weight, or height, we suggest 8 years because there is walking involved. The maximum age depends on the fitness of the guest; pregnant guests must check with their doctor, as there is walking involved. Do not use flash to photograph inside the National Theater and Gold Museum.





Sarchi's Oxcart Factory & Gardens

Port of Call: Puerto Caldera - Costa Rica • Ground Operator: Swiss Travel Service S.A. • Tour Duration: 7:00 Hrs.

Located in the west part of the Central Valley, the scenic town of Sarchí is considered the home of Costa Rica's best wooden crafts. It was here where more than a century ago, local artists began painting and decorating their traditional oxcarts in intricate and colorful designs.

There was a spirited but good nature competition among families to see who could create the most spectacular designs. The sturdy vehicles, hauled by pairs of oxen, soon became the primary means of transportation throughout the nation, bumping over rough roads and trails to carry elegantly dressed young ladies to festivals and dances in nearby villages.

Your first stop will be in Eloy Alfaro Oxcart Factory, which is the only oxcart factory left in the country and whose machines are powered by a water wheel. Here you will observe the work of the most skilled local artisans, making beautiful wooden souvenirs and producing the world famous hand-made oxcarts, a symbol of Costa Rica and the culture during its early years.

Continue your tour with a very educational walk at the Else's tropical gardens where the paths are designed to follow an order for the many different gardens like the heliconias, the bromeliads, the succulent's and the greenhouse for reproduction of plants for sale and to replant in the garden.

Finally, you will enjoy a delicious Costa Rican-style buffet lunch before returning to your ship.

Note: Tour sequence may vary.

Timing:

00:00	01:45	Depart Ship By Bus
01:45	02:15	Visit Eloy Alfaro Oxcart Factory.
02:15	02:30	Transfer to Else Kientzler Botanical Garden
02:30	04:00	Visit Else Kientzler Botanical Garden
04:00	04:15	Transfer to lunch venue
04:15	05:15	Time for lunch
05:15	07:00	Transfer back to Pier



Moderate



Shopping



Lunch

Rates:

Min. 35 \$60.00 per person / per bus

Includes: Transportation, tour guide, entrance fees, lunch.

What to bring: Light clothing, comfortable walking shoes, a hat, sunscreen, a bottle of water, and insect repellent.

Additional notes: Tour sequence may vary. Guests with walking difficulties must manage 4 steps to get in/out of the bus. Do not use flash to photograph animals. Do not feed or touch any wild animal. Wildlife sightings are not guaranteed. Maximum age depends on fitness of the guest; pregnant guests must check with their doctor, as there is some walking involved at the botanical garden.





Tarcoles River & Crocodile Safari

Port of Call: Puerto Caldera - Costa Rica · Ground Operator: Swiss Travel Service S.A. · Tour Duration: 5:00 Hrs

This Adventure takes place in Costa Rica's Pacific coast, along the Tarcoles River, near the Carara National Park. This area is known for its mangrove forests, holding within it four different species of mangroves: tea, black, red and white mangrove. Mangroves are a group of unrelated woody plants that grow in protected tropical coasts and that provide a great habitat for many endemic birds like the cuckoo, hummingbirds, vireo, Panama flycatchers and many herons and egrets. These areas are also home to over 250 species of birds, mammals and insects.

The Tarcoles River's mouth is considered one of the richest sites for sea and shorebirds, mainly during their migration period between October and April. The river shores are home to one of the largest crocodile colonies, with some crocs reaching lengths of nearly three meters. Iguanas, Jesus Christ lizards as well as many birds like herons, egrets and ducks are easily seen looking for food along the riverbanks.

This journey will help you learn about the importance of mangroves and why they must be preserved as a way of conservation to save all living species on Earth.

Before returning to the ship a visit to El Jardín Market, will allow you to browse purchase souvenirs sample delicious tropical fruit or taste a cup of freshly brewed Costa Rican coffee.

Timing:

00:00	01:15	Depart the pier by bus to the boat station
01:15	01:40	Time for restrooms and board the boats
01:40	03:10	River Adventure
03:10	03:50	Transfer to El Jardin
03:50	04:10	Time for shopping, refreshments and restrooms
04:10	05:00	Depart to pier



Easy



Snack



Shopping

Rates:

Min. 35 \$45.00 per person / per bus

Includes: Transportation, tour guide, entrance fees, boat ride, tropical fruits, coffee and natural juice.

What to bring: Wear light cloth, comfortable walking shoes, sunscreen, hat or visor, insect repellent, and binoculars. Camera/phone protection is highly recommended.

Additional notes: Tour sequence may vary. Do not feed or touch any wild animal. Do not use flash to photograph animals. Guests with walking difficulties must manage 4 steps to get in/out of the bus and will have to access the boat without assistance. All boats have individual cushioned seats for our guest's comfort. Pontoon boats are covered on top and open to the sides, it does not have a toilet.





Tropical Forest Canopy Tour

Port of Call: Puerto Caldera - Costa Rica • Ground Operator: Swiss Travel Service S.A. • Tour Duration: 4:30 Hrs

A private cattle ranch and nature reserve, home to the only Original Canopy Tour® in the Central Pacific of the country. Upon arrival, your guides will outfit you and instruct you on the activities of the day. You will then take a short walk through the ranch's forest to the base of the short version Canopy Tour. The tour consists of 11 horizontal traverses with distances from 99 feet to 1155 feet long. It has 7 platforms and 6 decks. Working with a binary string and special system for the activity that makes no sonic impact on the environment.

Some wildlife sightings are common in these areas. You may see and hear the iconic Scarlet Macaws, the howler monkeys, white tail deer and several other variety of aquatic birds since the property lies next to the great Tarcoles River. Also, endangered tree species such as Mahogany trees are protected at the park. The last traverse goes to a ground platform where the tour ends and a refreshing bottle of water awaits you.

Timing:

00:00	01:00	Depart to Canopy
01:00	01:15	Use of restrooms facilities
01:15	03:15	Zip lining tour
03:15	03:30	Time for fruits & Water
03:30	04:30	Depart to pier



Strenuous



Snack

Rates:

Min. 15 \$83.00 per person / per bus

Includes: Transportation, tour guide, entrance fees, equipment, tropical fruits, and natural juice.

What to Bring: Light clothing, tennis or hiking shoes, a hat, sunscreen, and insect repellent. Camera/phone protection is highly recommended.

Additional Notes: This tour is not feasible for guests with walking difficulties or afraid of height, this is a very active tour only suitable for guests with a physical condition. The weight limit is approximately 235 pounds. You will be required to sign a waiver. For guests with long hair, we suggest wearing it in a ponytail or a bun.

